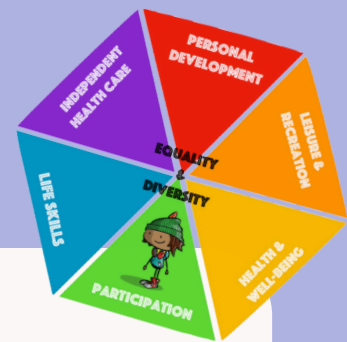




NUHYS NEWSLETTER



January 2025

Happy New Year!

We thought we would kick off 2025 with a Newsletter to share with you what we have going on for the first few months of the year, new groups to tell you about and other important stuff.

We will continue to update you every few months and as things happen so, if you want to be the first to hear about everything, sign up to our social media accounts and Community WhatsApp Chat.

If you want to reach out to the Youth Team, for information, support and/or feedback, please email us: nuhnt.nuhyouthservice@nhs.net



Youth Club



We are so pleased to have our Youth Club back! Please can we remind you of the following points to help things run smoothly:

- **Be nice to one another:** Everyone has their own story and reason for coming along so let's make them feel welcome!
- **Please put your litter in the bins provided.**
- **Please DO NOT ask other young people for money to buy items from the Coffee Bar:** See a member of staff if you have forgotten to bring some.
- **Try to make healthy choices:** we will not tell you what to do but please think about what you should/should not be eating. Ask for help if you are struggling.
- **Sports Hall:** if you wish to use the Sports Hall, please wear trainers as shoes will not be allowed.

We are launching a new WhatsApp Community!

This will be used for announcements and reminders sent to all parents and young people who sign up so we can keep you all updated with trips, events, programmes, changes, and cancellations.

If you wish to be part of this community, please use the QR code to complete the form, and you will be added to the group list. Once added, you'll be able to see the announcements and react to them, but there will be no function to reply; if you have questions, you'll need to contact the youth service directly. As part of the community, your number will be kept anonymous for any other community member who doesn't already have it.

NUH Youth Service What's App Community Announcement's



Half-Term Events

- 
Tues 18th Feb. 2-5pm
Visit to Warhammer World (Willow Road, Lenton. NG7 2WS)
 Studio Tour, paint a model & learn how to play FREE
 
- 
Weds 19th Feb. 6:45-9:30pm
Nottingham Panthers V Guildford Flames Ice-hockey Match
 (Nottingham Ice Arena) £5 pp
 
- 
Friday 21st Feb. 12:30-2:30pm
Paint-a-pot Session at Pot 'n' Kettle in Beeston (115 High Road. NG9 2LH)
 (Chosen item to take home) £7.50 pp
 

Sign up Here!

NUHYS Consent Form



NUHYS Consent Form Young Adult Group

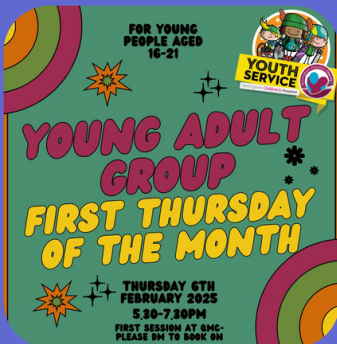


NUHYS Consent Form Gamers Assemble



Register your place here

YAG Aspire



New Group for 16-21 year olds. Meet others, develop key life skills, work experience, support with Healthcare Transition, accreditations & more!
The first Thursday of every month.

Gamers Assemble

New Group for 11 - 21 year olds. Meet others, develop life skills confidence, accreditations & much more through the world of table-top gaming.
The 3rd Monday of every month.



GAMERS Assemble

A monthly Table-top Gaming Group
 Starting on Monday 20th January at Games Haven in Nottingham.
 3rd Monday of the month 5.30-8pm
 FRIENDS...LIFE SKILLS...ACCREDITATIONS